

COURSE NAME

CODE

L PHILOSOPHY/GOALS:

The purpose of tMs course is to provide students with opportunities to practice comprehensive massage therapy on healthy individuals with selected soft tissue disorders. In order to promote holistic health and heaUng, students will have an opportunity to gain experience in massage practice relevant to the obstetrical client, the athlete and infant/young child. Students wall continue to utiUze a problem sol^dng process to formulate holistic treatment plans with clients of all ages and stages of development.

n, LEARNING OUTCOMES:

Upon successfiil completion of this course, the student will demonstrate the ability to:

1. Use analytical skills to assess and formulate a clinical impression and relevant treatment plan on healthy clients of all ages and stages of development and on selected soft tissue/joint disorders.
2. Provide safe, competent and comprehensive massage treatments as determined by the treatment plan for clients of aU ages and stages of development.
3. Develop and m^tain complete and accurate client records.
4. Communicate and collaborate in an effective professional manner.
5. Demonstrate small business skills involved in organiang, marketing and operating of student clinic/field placement.
6. Develop and demonstrate achievement of personal learning outcomes through the development of a personal portfolio.

m. ELEMENTS OF PERFORMANCE

1. Use analytical skills to assess and formulate a clinical impression and relevant treatment plan on healthy clients of all ages and stages of development and on selected soft tissue disorders.
 - a) Obtain a comprehensive personal health history and status report.
 - b) Perform a re^onal evaluation on clients.
 - c) Investigate and respect the health and healing practices of clients from culture and belief systems which differ from our own.

m. ELEMENTS OF PERFORMANCE:

- d) With assistance, interpret findings to formulate a clinical impression.
 - e) Apply relevant theoretical knowledge to formulate a relevant treatment plan in conjunction with client integrating hydrotherapy, basic massage techniques, remedial exercise and self-care program (client education).
 - f) Obtains a written/verbal informed consent.
 - g) Keeps a weekly journal which illustrates critical thinking development.
2. Provide safe, competent and comprehensive massage treatment as determined by the treatment plan for clients of all ages and stages of development.
- a) Promote a physically and psychologically safe and comfortable environment for clients of all ages and stages of development: adults, pregnant/postpartum women, infants/children, athletes, seniors.
 - b) Perform selected modalities and techniques in accordance with treatment plans in a safe and competent manner.
 - c) Adapt treatment to the needs and expectations of clients of all ages and stages of development.
 - d) Demonstrate an organized full body treatment for clients of all ages.
 - e) Educate and encourage clients regarding a self-care regimen which promotes holistic health and healing.
 - f) Analyse reassessment findings to determine client progress related to treatment goals.
 - g) Determine client's compliance to self-care program.
 - h) Modify treatment plan based on assessment findings.
 - i) In consultation with the instructor, identify appropriate referrals to other health care providers.

nL ELEMENTS OF PERFORMANCE:

3. Develop and maintain complete and accurate client records.
 - a) Record thorough personal health information and regional evaluation.
 - b) Obtain written consent for each client.
 - c) Record a comprehensive and relevant treatment plan for each client,
 - d) Utilize SOAP format for ongoing treatment notations.
 - e) Follow guidelines for effective charting.
 - f) Respect confidentiality of client records.

4. Communicate and collaborate in an effective professional manner.
 - a) Compares and contrasts results of a variety of communication skills and barriers with clients of age groups.
 - b) Establish therapeutic relationship with clients of all age groups.
 - c) Deliberately interact with clients to share their lived experiences.
 - d) Clarify and interpret findings to promote client understanding of treatment plan.
 - e) Confer with client throughout treatment to determine client comfort.
 - f) Consult appropriately with clinic supervisor regarding each client.
 - g) Consistently maintain professional boundaries.

5. Demonstrate small business skills involved in organizing, operating and marketing student clinic.
 - a) Demonstrate a variety of marketing strategies which promote the usage of massage therapy and the student clinic/field placement.
 - development and distribution of promotional material
 - public speaking
 - open house/events

COURSE NAME

CODE

m. ELEMENTS OF PERFORMANCE

- b) Demonstrate basic accounting skills involved with the student clinic operation.
 - c) Demonstrate business skills involved with student clinic operation.
 - maintain files and filing system
 - maintain appointment booking system
 - maintain equipment/supplies/linens
 - maintain flow of clientele through the clinic
 - d) Project a positive and professional image of massage therapy and student clinic.
 - e) Explore opportunities to try leadership role and take initiative in clinical setting.
 - f) Gather sound information in examining moral/ethical dilemmas associated with business practice.
6. Develop and demonstrate achievement of personal learning outcomes through the development of professional portfolio.
- a) Identify personal goals/learning outcomes.
 - b) Design a specific plan to meet identified learning outcomes.
 - c) Investigate material to meet own learning needs and include portfolio submissions which support identified plan.
 - d) Include a log of all learning outcomes completed to date.
 - e) Include a log of all supervised massage treatment.

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Rattray, F. (1995) Massage Therapy: An Approach to Treatments (2nd Edition). Toronto, Massage Therapy Texts and MAVerick Consultants.

Biotone Massage Oil (KYBB)

V. EVALUATION PROCESS/GRADING SYSTEM:

1. The pass mark for this course is "Satisfactory".
2. To achieve a grade of "S" students must:
 - a) maintain overriding principles of the massage therapy program.
 - b) develop competencies for learning outcomes described by the four evaluative categories in the Interactive Review Process and course outline.
 - c) successfully complete written/practical testing.
 - d) submit required elements of Professional Portfolio.
 - e) develop weekly written journal which demonstrates critical thinking skills.
 - f) submit all written assignments requested by instructor.

VL SPECIAL NOTES:

- a) Students are required to complete all necessary health requirements for practicum placement (see student resource guide).
- b) Students are required to have current certification in CPR, First Aid and WHMIS training.
- c) Sections and schedules are developed to maximize student learning opportunities and experiences. These are based on needs and learning outcomes that are expected of students.
- d) Students must bring own oil and hand towel to all practicum experiences. The type of oil will be specified by the instructor.
- e) Attendance at all practicum experiences is mandatory.
- f) Students will be expected to actively market the student clinic and secure clientele. Business cards will be provided.
- g) Students will be required to participate in supervised Out Reach events organized by the Program which fall outside of the timetable. Students will receive time back for participation at the end of the semester.

COURSE NAME

CODE

VL SPECIAL NOTES:*Special Needs*

If you are a student with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities), you are encouraged to discuss required accommodations with the instructor and/or contact the Special Needs Office, Room E1204, Ext. 493, 717, 491 so that support services can be arranged for you.

Retention of Course Outlines

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Modification of Courses

The instructor reserves the right to modify the course as deemed necessary to meet the needs of students.

VBL PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the instructor.